Sample Logic Model

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| Name of Project OCJS, Summerville Police department “Healthy and Fit First Responders” | | | |
| Challenge/ Goal: To increase the physical fitness, reduce sick leave, and improve cardiovascular health of the police officers in their department. | | | |
| Assumption: If they build the facility the officers will use it and participate in the examinations. That the officers have designated time to use the facility.  Mitigation: Its required for anyone that has 5 unex- sick days. Give out giftcards to anyone that completes the full program. | | | |
| Input | Activities | Outputs | Outcomes |
| Human Resources/ Team Leaders |  |  |  |
| Exercise Equipment |  | lower beats per minutes | 10% of participants reduce heart rate to 67 bpm by then end of thwe 2 years.    Better cardio health. All of cardio rating of 67 bpm  All officers re[prt feeling more confident exercise doing the bench press.  At east 100 officers have a place to exercise during the workday and after work starting in month 3 of the project |
| Shower room/ supplies |  |  |
| PPE/ cleaning crew |  |  |
| Money/ Cash – construction | Renovating the basement  \creating storage room and locker | Completed gym facility |
| Training / University | Training on how to use the equipment safely at the uni. (periodically) | 100% of police officers in the program are trained on equipment use.  Monthly safe equipment training workshops. |
| Police |  |  |
| Doctors/ Univ. Health Center |  |  |