Sample Logic Model

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| Name of Project OCJS, Summerville Police department “Healthy and Fit First Responders” |
| Challenge/ Goal: To increase the physical fitness, reduce sick leave, and improve cardiovascular health of the police officers in their department.  |
| Assumption: If they build the facility the officers will use it and participate in the examinations. That the officers have designated time to use the facility.Mitigation: Its required for anyone that has 5 unex- sick days. Give out giftcards to anyone that completes the full program.  |
| Input  | Activities  | Outputs  | Outcomes  |
| Human Resources/ Team Leaders  |  |  |  |
| Exercise Equipment  |  | lower beats per minutes | 10% of participants reduce heart rate to 67 bpm by then end of thwe 2 years. Better cardio health. All of cardio rating of 67 bpmAll officers re[prt feeling more confident exercise doing the bench press. At east 100 officers have a place to exercise during the workday and after work starting in month 3 of the project  |
| Shower room/ supplies  |  |  |
| PPE/ cleaning crew |  |  |
| Money/ Cash – construction  | Renovating the basement \creating storage room and locker  | Completed gym facility  |
| Training / University  | Training on how to use the equipment safely at the uni. (periodically)  | 100% of police officers in the program are trained on equipment use. Monthly safe equipment training workshops.  |
| Police  |  |  |
| Doctors/ Univ. Health Center  |  |  |